

money should consider well, and, at least until the balance is more equal than it is at present, they should remember generously their own sex in their bequests. I hope some rich woman will read and digest the article on "Comparative Charity" in your issue of last week.

Yours faithfully,  
FAIR PLAY.

### Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

### Comments and Replies.

*Miss Alice Ames, Plymouth.*—Apply to the Director-General, Army Medical Department, 18, Victoria Street, S.W., if you wish to volunteer for active service in South Africa. The Army Nursing Sisters have, of course, the first right to attend our sick and wounded soldiers in war, but a reserve of nurses is now affiliated to the War Office, and may be called out. We must remember, however, that there are numbers of highly qualified nurses in South Africa, who will be on the spot, and will no doubt offer their services to our Government.

*Sister J., Birmingham.*—Read the "History of South Africa," the Story of the Nations Series, by Dr. McCall Theal. It is published by Fisher Unwin, and is quite free from party passion.

*Private Nurse.*—Oyster and chicken rolled sandwiches are a dainty which are appreciated by many convalescents. They are prepared as follows:—Pound a little cooked chicken, first minced, with a spoonful of white sauce, or a little cream to a moist paste; add an equal bulk of chopped oysters, season with pepper, mace, and a drop of anchovy sauce, and a little lemon juice; then put in enough fine bread crumbs, or plain biscuit crumbs to give such solidity to the mass that it can be shaped on a board into natty little rolls. Place each one on a *thin* slice of brown bread and butter, crustless; roll up, and dish in a little pile. Garnish with cress. You will find these sandwiches as a rule a most acceptable delicacy.

*Country Matron.*—The papers will be published in the "Transactions of the Professional Section of the International Congress of Women." The papers of this section comprise two volumes, the price of which is 2s. 6d. bound in paper covers, or 3s. 6d. net in cloth covers. The entire set of 7 volumes is 15s. or 21s. respectively. An order form for all or any of the volumes appeared in the NURSING RECORD of October 7th.

*Miss P. J.*—The care of the linen is an important and arduous part of a Matron's duty. In the wards each sister should be held responsible for the accuracy of her own stock, and should always superintend the counting of the soiled linen, and count over the clean linen on its return from the laundry. The domestic linen should be in charge of the housekeeper. In every hospital there should be a Linen Room, and the sister in charge should see that every piece is carefully repaired before being sent for use in the wards. Once a quarter, or once in six months the Matron should take stock, when worn out articles should be renewed.

### A GOOD DIET

is of the greatest importance during convalescence. A beef tea that contains the smallest amount of fat or is weakened by foreign ingredients often hinders, instead of helping, recovery.

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STANLEY SMITH, Secretary.

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